

St.Amant

2010-2011 ANNUAL REPORT





About St.Amant/St.Amant Foundation

At St.Amant our mission is Freeing the spirit, Fulfilling potential, Together. We wish to create a community that promotes personal growth, health and safety. We believe that all individuals possess intrinsic worth and should be recognized for who they were created to be. It's these beliefs, along with our values of collaboration, hospitality, excellence and respect that guide our actions and our relationships.

While we have a wonderful partnership with our government funders, we rely heavily on the St.Amant Foundation to enrich each and every program and service as well as to sustain St.Amant Research Centre. The St.Amant Foundation is a registered charity whose fundraising efforts are critical to the future of St.Amant and essential to the quality of service delivered to Manitobans with a developmental disability or autism.





Today Clarence has been to school and on an adapted bike ride; an extraordinary feat for the tiny seven-year-old considering that until coming to live at St.Amant last summer, Clarence had never left the hospital.

Given an emergency tracheotomy at birth, Clarence was fragile since his first labored breath. He spent most of his childhood in bed; surrounded by tubes and wires. Even basic human contact was difficult. Clarence was diagnosed with a rare neurological disorder called Mobius Syndrome, his mother Andrea watched helpless from his bedside, her son dependant on a breathing machine.

Clarence was eventually removed from the ventilator and although that gave him greater mobility, he remained under close supervision of nurses and respiratory therapists and was still mostly limited to his room at Children's Hospital. Clarence didn't know it at the time, but his world was about to get a lot bigger.

This was thanks to a decision by St.Amant in conjunction with the WRHA and Children's Hospital to open a small unit at River Road Place for children with complex respiratory care needs. Clarence was one of the first to be selected as a good candidate for the move and ever since then he has been astonishing family and staff with the amazing potential he has in spite of his condition.

"We were told that he often appears not to like stimulation, he doesn't interact much and that the

speech valve frustrated and startled him," said Elsa Hodge, a St.Amant Nurse who works closely with Clarence. "It turns out though that this is changing; and the longer he's here, the more he interacts and expresses himself," and his mother Andrea agrees.

"When I come to visit, he's never in his room!" she said. "Once when I came to visit he was listening to someone play music on his living unit. He was actually having fun...and it made me so happy to see him enjoying himself so much!"

Since coming to live at River Road Place Clarence attends school daily and has enjoyed several outings. He's seen Shrek at the movie theatre, attended the Christmas party, gone shopping for his new shoes and even attended a Goldeye's game this past summer.

At River Road Place, the goal is to create a non-restrictive and comfortable living environment. The program areas work together to support each individual to achieve optimal development and personal fulfillment.

"It makes me happy," said Andrea, "you can see in his eyes that he's happier here. They are able to provide a different kind of care." Clarence is now very stable; so stable in fact he's moved from the Complex Respiratory Care unit to a regular room in the children's unit.

"I sleep better at night knowing that he's here," said Andrea, "his quality of life has definitely improved."

FULLFILLING POTENTIAL

CLARENCE'S STORY

A YEAR IN REVIEW

St.Amant is a comprehensive and exciting organization that supports people living with intellectual disabilities through an array of important services. Despite serving over thirteen hundred clients and families each year and providing training or educational supports annually to over a thousand colleagues from other organizations, we often hear that St.Amant is not well known. This report is one of the ways in which we hope to make St.Amant better known and so we welcome the opportunity to share some information about this wonderful organization with you.

The past year has been typical of St.Amant's recent history – eventful, challenging and rewarding. With additional government funding, St.Amant's programs and services grew again this year as they have in each of the past several years. This growth reflects a long term St.Amant goal – to provide such a comprehensive array of programs/services that any person with an intellectual disability will find just what he/she needs. This service array is developed within a context that values the importance of family, community and independence – receiving no more support than is necessary.

Despite new resources to expand some services such as ABA Program supports for school-age children with autism or community homes for adults, clients continue to be challenged by waiting lists, often lengthy, for all St.Amant programs. Further, St.Amant has been very challenged to balance budgets in all programs this year and in particular has worked hard to eliminate structural deficits in two major programs.


Despite the challenges of the moment we are always looking ahead and have worked creatively with government and the WRHA to define the role of our long term care program - River Road Place – a role that will be relevant to the needs of people in the years ahead. Once finalized, this role definition will enable us to create a powerful strategic plan for the entire organization.

In all we do we continue to emphasize that this organization and all who are connected to it are part of what we think of as a culture or community. The Board and Management are committed to supporting a community that is grounded in St.Amant's defined values (Collaboration, Hospitality, Excellence, Respect) and mission statement. By being resolutely values-focused we hope to ensure that clients, volunteers, partners and staff have only positive experiences when they come into contact with St.Amant. We know that our employees are our greatest strength and we continued this year to improve wellness supports for them, including the opening of a fitness facility.

Through the year we have received much gratifying recognition including being named a Manitoba Top 25 Employer, being named to receive the Caritas award for community service from the Catholic Health Foundation, establishing a new partnership with the Department of Psychology at the U of M to create an additional St.Amant Research Centre position and being asked by the Catholic Health Corporation of Manitoba to serve as a site for two documentary movies.

In the end though, we are very much a relationship-centred enterprise and it is relationships that we value most. We prize very much the high trust and confidence placed in us by individuals and families, the collaboration and synergies that we experience with our external partners, and the heartfelt efforts and expertise of our staff who support clients and each other so well.

We thank you for your interest in this report and hope that you enjoy learning even more about St.Amant.



Mr. Bill Noyes
Chairman of the Board



Dr. Carl Stephens
President & CEO

The rich history at St.Amant is steeped in tradition and dedication to supporting thousands of children and adults with developmental disabilities and autism. Like a reverberating echo, the effects of charitable support that people entrust to the St.Amant Foundation, has a positive, and lasting impact in people's lives that helps to fulfill the true potential of each person supported by St.Amant.

The past year brought both challenges and successes, but thankfully more of the latter and for that we are grateful. We're inspired to look back and take stock of the thousands of donors, hundreds of volunteers, and the many staff of St.Amant, who so generously gave their donation support or their time and energy to help make our events and our year a success. We thank them.

Our year began with the Wings of Hope Walk, the Toyota Charity Golf Classic for St.Amant, and then the first Annual Free the Spirit Radiothon in the fall. The calendar ended positively in partnership with St. Vital Centre by managing the Mall's Gift Wrapping program. Our staff and volunteers were tested and we met that challenge and exceeded expectations.

Our fundraising success has made many St.Amant initiatives possible. A great example is the acquisition of medical diagnostic equipment dubbed "the Bladder Scanner", which minimizes the need to perform uncomfortable catheterizations, which are invasive and can increase the client's risk for urinary tract infections. Thanks to the new equipment we can now assess bladder difficulties in the most accurate, least invasive method. It's easier for staff and most importantly, it's improved care for our clients.

A few other projects funded by the St.Amant Foundation include support to the Music Therapy program with special music equipment, and construction of sensory rooms in our Community Residential Program. The list of project needs is endless, as is our need for continued community support to create opportunity for and further enrich the lives of individuals with developmental disabilities and autism and their families.

In planning for the future, the Foundation invested in new ways to communicate and build relations with our donors. In the fall of 2010, the Foundation printed the first edition of its Free the Spirit newsletter, highlighting a very special Chapel Renovation project, made possible by the Cropo Foundation and the St. Timothy Knights of Columbus. We also added a new annual donor recognition event that is intended to create opportunity for dialogue between our donors and our organization and as a way to say thank you for their support.

We're proud to have the opportunity to share these wonderful examples of community leadership and heart warming response to our fundraising appeals. With continued support we can do even more!

We look forward to building stronger relationships with our long-time friends and creating new partnerships with friends to come. Please feel welcomed to enquire about volunteer or fundraising opportunities – you are needed at St.Amant!

Sincerely,



Glenn Crook
Foundation Board Chair



James Cooper
Foundation Director



COLLABORATION

St.Amant provides incredibly specialized services to a broad range of people that need varying degrees of support, largely thanks to the collaboration among its programs and services.

This includes the internationally recognized St.Amant Research Center where researchers work directly with clients and service providers. This interaction is what led St.Amant Research Centre and St.Amant School to collaborate on a nationally funded research project that allows educators to pinpoint issues that would benefit from in-depth research. St.Amant Research Centre then researches the issue and delivers results in easy to digest, accessible packages that the teacher can easily use. In research speak, it's called knowledge translation. This project will not only benefit the educators at St.Amant School, the knowledge will be broadly shared.

St.Amant grew its scope of service this year. In conjunction with the WRHA and Children's Hospital, St.Amant added a Complex Respiratory Care Service; which meant opening a new living unit at River Road Place for children with complex respiratory care needs. This project required support from external partners as well as from many programs internally. The service is currently up and running and we are looking forward to welcoming others very soon.

This year, seven of our clients moved from River Road Place into community homes. This transition was successful due to the hard work of River Road Place, Community Residential and Community Support programs working together. Each step of the way families, teachers, doctors and caregivers work together to assess the client, coordinate care, and provide continued specialized support to meet their unique needs.

With collaboration from our funders, many Manitoba schools and MFEAT (Manitobans' for Effective Autism Treatment) the St.Amant Applied Behaviour Analysis program offered a new consultative service. This service helps children as they complete the three-year school-age ABA program and transition to school-based supports.

Overall, the accomplishments achieved by our team of 1500 is outstanding and we are grateful to our funders, partners and donors for the relationships and support you give that enable us to improve the work we do every year.

PROGRAM/ SERVICE	FUNDED SPACES	TOTAL ANNUAL CLIENTS
River Road Place		
River Road Place (long term)	210 MB 1 Ont	205
River Road Place (Respite)	6	46
St.Amant School, Developmental Services and River Road Child Care		
St.Amant School	50	65
St.Amant School, non-resident	15	15
Literacy Classroom	8	18
Developmental Services	211	237
Dev't'al Services, non-resident	25	27
River Road Child Care	50	82
Community Support Programs		
Clinical outreach, Children		75
Clinical outreach, Adult		283
Family Care, Children		75
Family Care, Adult		48
Outreach Therapy for Children		46
Community medical clinics		15
ABA Programs		
Pre-school ABA	66.5	107
School age ABA	62	93
Behaviour Analyst Autism Consultation Services	37	37
Community Residential Program		
Community Residential, children	20 5 homes	23
Community Residential, adult	136 42 homes	138
Foster care, children	13 11 sites	13
Foster care, adult	6 4 homes	8
Supported independent living	9 8 sites	9
Community Living Stabilization Service	4	11
Total Individuals Served = 1356 (Prior year = 1308)		

EDUCATION/TRAINING	INDIVIDUALS
WEVAS	96
Nutrition/Feeding/PT workshops	129
Community Orientation to all Programs	24
Community Orientation – ABA	568
St.Amant School – program demonstrations & consults	241
River Road Child Care Professional Tours	24
Adult Literacy Course (8 sessions)	11
CQL Certification Training	2
Social Role Valorization	41
Internships	5
Student practicum placement	149
External Clients Provided with Orientation/ Workshop/Training = 1290 (Prior year = 1099)	

ST.AMANT INC.

STATEMENT OF OPERATIONS AND CHANGE IN FUND BALANCES (CONSOLIDATED)
YEAR ENDED MARCH 31, 2011, WITH COMPARATIVE FIGURES FOR 2010

	2011	2010
Revenue		
Family Services & Consumer Affairs	\$ 30,061,085	\$ 27,631,251
Winnipeg Regional Health Authority	26,097,945	24,874,535
Other government revenue	770,199	770,202
Amortization of deferred contributions	570,812	546,126
Other income	1,995,659	1,843,656
Total Revenue	59,495,700	55,665,770
Expenses		
Salaries and benefits	49,610,568	47,047,376
Supplies & food	2,702,111	1,627,489
Purchased services	744,845	788,012
Amortization and interest	2,372,885	2,242,739
Other expenses	4,442,715	5,306,738
Total Expenses	59,873,124	57,012,354
Excess (deficiency) of revenues over expenses	(377,424)	(1,346,584)
Net change in Fund Balance	(377,424)	(1,346,584)
Fund balance, beginning of year	3,502,416	4,849,000
Fund balance, end of year	3,124,992	3,502,416

Complete audited financial statements available at www.stamant.mb.ca